i-Days for Life

Working in A Team

11-12 November 2024 Debrecen, Hungary





Working in a Team

- Challenges
- Tools and methods to work effectively
- Tips for overcoming challenges





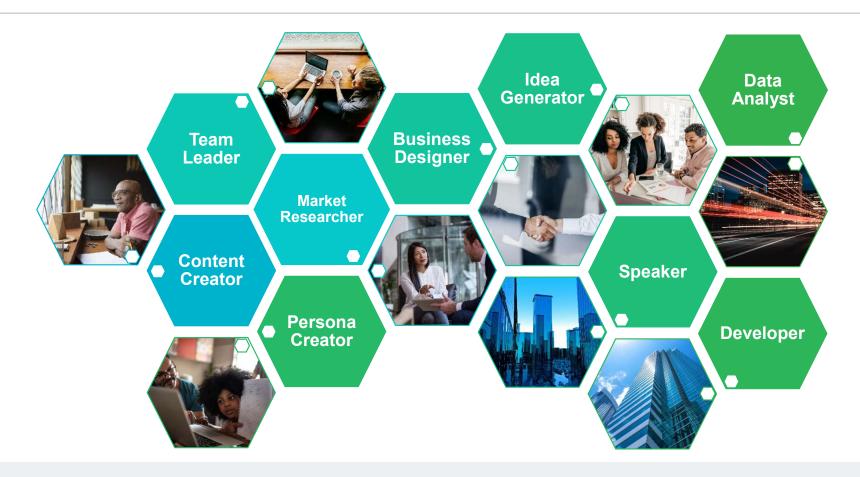
Identify Strengths

- Skill mapping
- "What I bring to the team" statements
- Role cards and task cards
- Team matrix
- Mind mapping for brainstorming
- 30-second intros and goal statements and what to expect from the teamwork during i-Days





Roles in The Team





Tips on How to Cope If You Lack Skills

- Assign dual roles
- Use online tools and resources
- Lean on mentors
- Focus on Minimal Viable Product (MVP)
- Prioritize tasks based on skills available
- Quick upskilling with tutorials
- Adopt a "scrappy" mindset



Make an action plan for planning your work and who is responsible for what – by 12.15



How to Work in a Team

Guiding Principle: Diversity and inclusion

A diverse skill set is an asset

- Mutual respect
- Open communication
- Shared goals
- Stay open toothers' ideas
- Focus on common objectives
- Support and motivate each others'





Overcoming Being Stuck

- Mind mapping
- "Crazy 8s" ideation exercise
- Reframe the problem with "How Might We" questions
- Take a short, structured break
- Brainwriting
- Reverse brainstorming
- Ask for feedback from a mentor





Conflict Within a Team

Conflict moves things forward

Tools for overcoming conflict:

Team charter

The 5 Whys technique

Active listening exercises

Use "I" statements

Mediation with a neutral party

Use a decision-making framework (Majority vote, consensus, or multi-voting)

Rotating roles to understand each perspective





Key Considerations in Conflict Situations

- Address conflicts early
- Focus on the issue, not the person
- Encourage a solution-oriented mindset ("What can we do to move forward?")
- Allow cool-down time if needed
- Balance confidence with humility



Working with Mentors



- Guidance on project direction
- Problem solving assistance
- Constructive feedback
- **Encouragement and** motivation
- Real-world insights



- Be open for mentor's feedback
- Outside perspective
- Ask questions
- Discuss how to integrate feedback
- Mentors' insights can strengthen your work

